## Pencraig Brae

O Grey Dots

30 minutes or circular route 1.5 hours



Recommended for walkers



Stiles to cross, moderate incline involved

This vigorous walk will reward you with excellent I views from the top of Pencraig Brae. Walk down the High Street away from the fountain and the Square. Continue along

Brown's Place then turn left up Langside. Go straight on at the top, along the edge of the playing field and then through the tunnel underneath the railway. Follow the path up the hill, crossing various stiles. In the middle of the last field before the top of Pencraig Brae, the path bears off to the left. You will arrive at



the main road; use the pavement for a few yards until you reach the lay-by. You can now look out over the Tyne Valley and the Lammermuir Hills then climb up through the trees behind the lay-by to a fine viewpoint at the top.

Return by the same route or, for a circular walk, carry on along the road a short distance, turn right to go under the bridge to Overhailes, walk through the farm and down the hill to the River Tyne. Turn left and walk back to East Linton along the river bank or cross the footbridge and turn left to return by road. Arriving at Braeheads, turn left, cross over the A199, go down Lauder Place and then left over the river and back up Bridge Street to where you started (add another hour for the circular walk).

## East Linton Riverside Path

O Yellow Dots



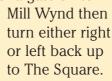
A short stroll of approximately 15 minutes

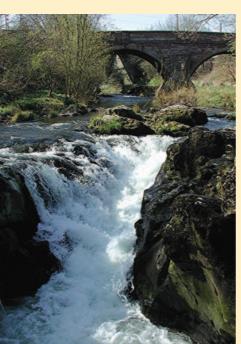


Recommended for walkers only, narrow path.

The rocks at the far end of the path to be negotiated with care. Fairly narrow path which can be muddy.

**\( \)** gentle stroll along the riverbank where otters have been spotted. From the Tourist Information Point turn left down the High Street to Stories Park, the first turn on the right. You can park here in the free car park behind the Library. Follow Stories Park, turning left down to the river after Prestonkirk Gardens, then walk along the bank to your right. When you reach the private gardens at the turn in the river you must retrace your steps unless you are reasonably fit, when you can continue round and scramble up the rocky steps [at your own risk] to admire the water as it roars through the Linn. Follow the path until it comes out of a gate on to





The Linn and Mediaeva road bridge

## Smeaton Lake

Orange Dots



20 minutes from entrance gate, 1 hour from Tourist Information Point



Recommended for walkers only, dogs to be kept on a lead, please leave bikes by the gate



Can be wet in places

This is a gentle circular walk around a beautiful lake. From the Tourist Information Point, turn left along the High Street then second right down Preston Road. Take the third road on the left to Smeaton then follow the road until you see the two entrance gates to the lake on your left. Pass through either gate to the path as this is a circular walk. While you are here, visit the garden centre within the old walled garden. This is situated further along the road past the lake walk and over the second cattle grid.

Visitors should be aware that this is a private estate and it is by kind permission of the owners that this walk can be enjoyed. Please control dogs, take home any litter, leave gates as you found them and be aware that shoots often take place in this area.

Smeaton Lake

