

# Tynninghame

○ Purple Dots

🕒 2 hours.

🚶 Recommended for walkers, bikes

⚠️ 3 bridges, 1 with steps.

This walk journeys along the River Tyne, passing many sites of local and historical interest. Walk north along the High Street and turn right into Preston Road. Pass Preston Kirk on your left and continue until you reach Preston Mill on your right. Go through the Mill grounds and cross the small bridge by the mill wheel. Walk through the field and cross the River Tyne by the white bridge, taking a sharp left following the signs for 'John Muir Way'. Continue along the riverbank. Cross the large metal bridge, turn right and walk along the edge of a field with the River Tyne on your right until you reach a tarmac road. Turn right and you will shortly cross the ford at Knowes Mill by the wooden bridge. Take a sharp left, and take the red whin dust path along the banks of the Tyne until you reach the A198 North Berwick Road. Now, either return by the same route to East Linton or climb the steps, taking great care when emerging onto the road as it is busy and fast with blind summits. Turn left and walk down into Tynninghame Village. Here you will find Tynninghame Country Store serving lunches, teas, coffees and cakes. Return to East Linton along the side of the road. There is no path but this road is generally not too busy.

Woodlands around East Linton



# Whitekirk to Gleghornie

● Blue Dots

🕒 1 hour

🚶 Recommended for walkers, horses

⚠️ The walk can be very muddy in places and is unsuitable for a wheelchair or a standard wheeled buggy.

Travelling from the A198 by car, turn into Whitekirk village in front of St Mary's Church. Go through the village and park in the small lay-by on the right hand side. This is a peaceful walk across open countryside. At present the path requires you to retrace your steps, a round route is not possible unless you return along the side of the busy A198.



A window from Whitekirk Kirk

At the end of the fields the path crosses over a Burn and passes through a tree lined, narrow path. The path comes out onto the driveway to Gleghornie. Turn right and follow the drive to the farm. The right of way continues on to the A198 but it is best at present to turn at this point and retrace your steps.

Start the walk by taking the steep lane on the right just beyond the lay-by. This turns into a grass path to the left hand side of the garage. The path follows the edge of Whitekirk Golf Course and passes a small deep pond on the right. The path crosses the farmland and is easy to follow. There are great views of North Berwick Law to the north and Bass Rock towards the East.

## Agricultural History

The rapid changes that took place during the Agricultural Revolution in the East Linton area in the 18th Century can be traced because of the number of significant 'improvers' who lived in this area.

Rigs and outfields were replaced by enclosed farms; a new type of plough drawn by two horses instead of four was introduced; bigger lime kilns were built by George Rennie of Phantassie; and new farm steadings with houses for the farmworkers were erected. At Houston Mill, south of the river from Preston Mill, Andrew Meikle was constructing new machinery to thresh the increased quantities of grain and with the support of Rennie, new inventions using wind and water power were developed. Experiments in farming techniques were publicised by people like Sir George Buchan Hepburn of Smeaton and Robert Brown of Markle. The improved prosperity brought expansion to the community of East Linton and renewal of buildings like Preston Kirk. Many of the improvers of the time now lie in the Kirkyard with detailed inscriptions on their gravestones which refer to their achievements. The landscape we enjoy today is a reminder of their skills in invention and husbandry. It is a heritage for us to respect and protect.

Harvest time in fields around East Linton with Berwick Law in the background

